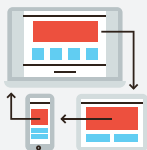


MENTAL HEALTH OVERVIEW



Access to convenient, confidential and quality treatment by phone or video.

With Mental Health Care, students can speak with board certified psychiatrists, licensed psychologists or therapists by phone or video from wherever they feel most comfortable. Students can book appointments with ease and build ongoing relationships with mental health professionals of their choice – all without having to leave campus & travel to a doctor's office. Mental Health Care covers a spectrum of conditions through a single point of entry, giving students access to a robust suite of services at their fingertips.



Faster & Easier Access

Students have access to high quality virtual care for a wide variety of behavioral issues.



Drive Engagement & Use

Our proven engagement efforts connect with students on their time and drive utilization.



Meaningful Results

More than 75% of members with depression or anxiety reported clinically meaningful improvements after their third and fourth virtual care visit.

By the Numbers:



64% of young adults no longer attending college cite mental health as a reason.

60%

of students have felt overwhelming anxiety in the past year, making it difficult to succeed.

40%

have felt so depressed in the past year that it was difficult to function.

34%

say that their college did not know about their crisis.

National Alliance on Mental Illness (NAMI)
& American College Health Association

2021-09-3870



StudentCare